

Work Study Project

STEWART FAMILY CHIROPRACTIC

OLIVIA SPENCER TATE



Job description

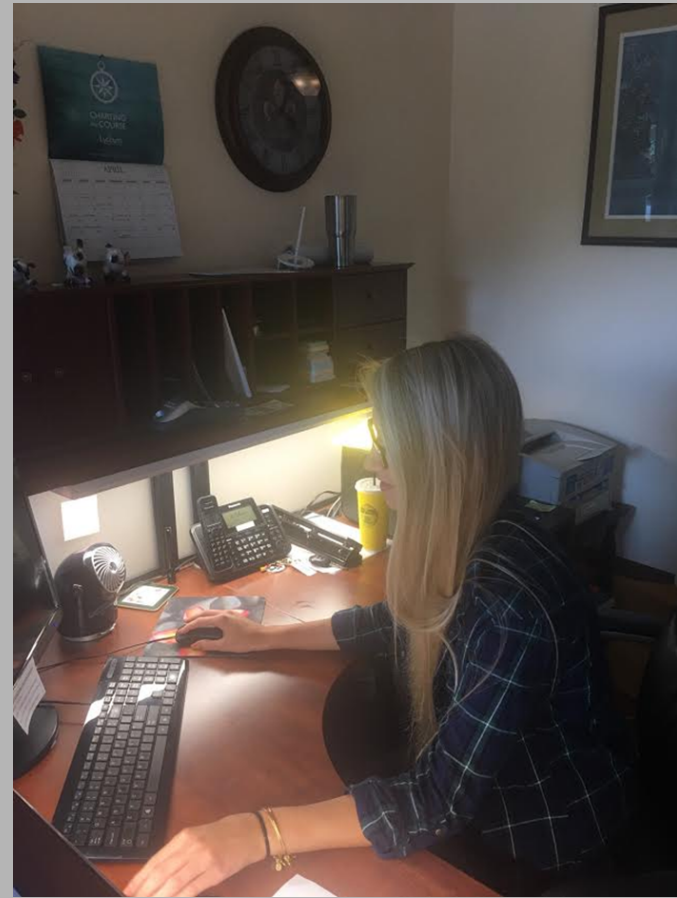
My position is called a CA, or chiropractors assistant. Working in a chiropractic office, I learned several new skills. My job includes making appointments, answering the phone, keeping track of payments, keeping the stock up to date and making files for patients. I have enjoyed this job tremendously, because of the face to face interaction I get with all the patients. I have grown in my ability to communicate and complete tasks efficiently. I get to have conversations with about 30 different people a day, and it has been a great opportunity. I get assigned several tasks at once, so I have learned how to prioritize and manage my time. This is good skill to have in the work place.

What I have learned through this experience

I have learned how a chiropractic office runs. I know how to work the x-ray machine, how to use all the computers in the office, and how to properly record things in files. It has been an excellent opportunity because I want to work in health care in the future, and I am aware of the basics in this type of field already. I have also learned about HIPAA rules at Stewart Family Chiropractic, I am aware that all patients who come in and their files are to be kept confidential.

Before my internship, I was unaware of what a chiropractor's job is. My experiences here will help me with getting my nursing degree, because I am now familiar with medical terminology and the different types of health care. For example, chiropractic care is considered holistic health care because you go to maintain your health.



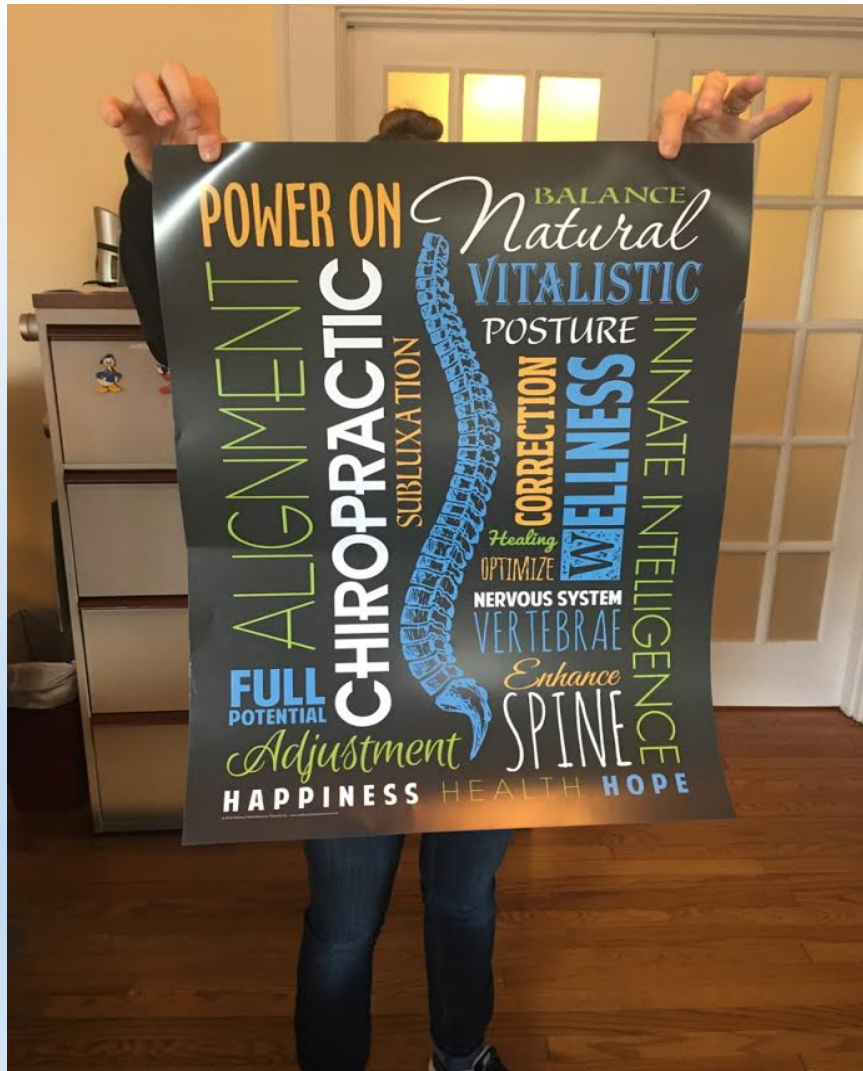


Research on Chiropractic care

I've learned that chiropractic care promotes overall wellness in your everyday life. Chiropractors recognize that misalignment in the spine can interfere with proper nervous system function. They study the effects of vertebral subluxations; this is conditions of the spine where alignment and movement patterns of the vertebrae are abnormal. Being under chiropractic care can be viewed as a therapy with an emphasis on whole body health and wellness.

The field of Chiropractic

Chiropractors must first possess an associates or bachelors degree before going to a college of chiropractic studies. You then go 3 or 4 years, depending on the school's semester set up. You must obtain a license and pick a specialty. Chiropractors also have to continue their education to maintain their licensure.



CHIROPRACTIC

IMPROVES

Health
Sleep
Stress
Happiness
Well-Being
Immune System
Strength
Life
Mobility

DECREASES

Disease
Illness
Pain
Aches
Injuries
Bad Posture
Depression
Prescription Drug Use
Anxiety



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Chiropractic & Wellness



These brochures are what we give to new patients to explain what chiropractic care is. They get a new one each time they come in for a visit.

Sources

Design, Doxia Web. "Articles & Tips." Article: How Does Chiropractic Promote Overall Wellness? N.p., n.d. Web. 12 May 2017. <http://www.upchiro.com/chiropractic-overall-wellness.html>

"Benefits of Chiropractic Care." Amythmedical.com. N.p., 15 May 2016. Web. 12 May 2017. <http://amythmedical.com/ampcs/benefits-of-chiropractic-care/>